



SANTA CATALINA LOWER SCHOOL COUGAR CONNECTION

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SEASIDE ART COMPETITIVE

2007 Annual Seaside Youth Art Competitive

Exhibit Dates: March 1–March 31, 2007

Reception and Awards: Friday, March 9, 7:00–8:30 p.m.

Every Gallery, Seaside City Hall (next to DMV)

The Santa Catalina students who have art (pictured right) on display at the Seaside Art Competitive are Lydia Agacanian, Michael Persall, Allison Minami, Anna Viviani, Ryan Schumacher, Natalie Simmons, Simmony Baran, Lauren Bishop, Evan Etienne, Alexis Kern, Sonja Kasky, Alexandra Pollack, Jessica Davids, Alexandria Piccinini, and Natalie Kolber. Award winners will be announced later this week.



SWIMMING OBSERVATIONS

If a parent wishes to observe a swimming class, please contact Christy Pollacci to schedule a date and time for the observation and remember to sign in at the Lower School office on the date of your visit. Thank you.

SUMMER AT SANTA CATALINA



Registration packets for *Summer at Santa Catalina* are now available in the Lower School Office. Camp is for girls entering Grades 3 – 9 in the fall. Session A is June 24 to July 7 and Session B is July 8 to July 28. Please call 655.9386 if you have any questions about camp!

PARENT-TEACHER CONFERENCES GRADES 4-8

Wednesday, March 21, and Thursday, March 22

During these two days of conferences there will be regular school days for Grades Pre-K–3, no school for Grades 4 and 5, and 11:45 a.m. dismissal for Grades 6–8. Please note that there will be an early bus, no lunch, and no after school supervision in the Library.

HEALTH NOTES

If you are trying to determine whether your child should stay home because of illness, please remember that the 2006-2007 Family Handbook states “Students who feel ill in the morning before school should be kept home. If your child has a fever, chicken pox, sore throat, nits severe cough, pink eye, loose stool, vomiting, or rash, it is important to allow him/her to recover at home and be clear of any fever for 24 hours.” Thank you for your cooperation.

OFFICE TELEPHONE USAGE

Here’s a gentle reminder concerning telephone usage in the Lower School office. The 2006-2007 Family Handbook reads as follows regarding this issue: “Students are informed that they may not call home for forgotten homework, bus stops, lunches, or after school activities unless games or practices have been canceled. It is the student’s responsibility to come to school prepared for the day. The school will always provide a lunch if the student is without one. Parents, please help by reminding students to have all the necessary items and information with them before they leave the house each morning.” Thank you so much for your efforts in keeping the student use of the office phone to emergency calls only.

What’s Ahead

- Grade 5 to *All Pet’s Hospital* in Salinas, Thursday, March 8, 9:00 a.m.–1:30 p.m.
- Deadline for *Big Sur Marathon* applications, Thursday, March 8, 12 noon.
- Service League Board meeting, Thursday, March 8, 2:00 p.m.
- Primary/Intermediate Assembly, Grade 5 presents, Friday, March 9, 8:15 a.m., MPR.
- *Moms in Touch*, Friday, March 9, 9:00 a.m., Rosary Chapel.
- Cub Scout Pack 106, Friday, March 9, 6:30 p.m., MPR.
- Countywide Spelling Bee, Sunday, March 11, Hartnell College.
- Grade 6 Girl Scout Troop 2000 meeting, Monday, March 12, 3:30 p.m.–5:30 p.m., Service League Cottage.
- Grade 1 Tiger Cubs, Monday, March 12, 5:30 p.m.–6:30 p.m. Pre-K room.
- C Schedule, Tuesday, March 13.
- *Jump Rope for Heart*, Tuesday, March 13, 10:30 a.m. Track.
- Golf vs Madonna del Sasso at Twin Creeks course, Tuesday, March 13, 4:00 p.m.
- Grade 6 to *Chabot Space and Science Center*, Oakland, Wednesday, March 14, 7:30 a.m.–5:00 p.m.
- Grade 8 Parent Meeting, Wednesday, March 14, 8:00 a.m., Room 9.
- Grade 2 to *Point Pinos Lighthouse and Point Pinos Grill*, Wednesday, March 14, 8:45 a.m.–12 noon.
- Golf vs San Carlos at Bayonet/Black Horse, Wednesday, March 14, 4:00 p.m.
- Primary/Intermediate Assembly, Grade 1 presents, Friday, March 15, 8:15 a.m., MPR.
- 1st Reconciliation, Grade 2 (Catholic), Thursday, March 15, 6:00 p.m., Rosary Chapel.

March Calendar Correction

The CCS-CMEA Solo/Ensemble Festival will be on Saturday, March 31, not Friday, March 30.

FORTY WAYS TO KEEP LENT

Right a wrong. Keep a promise. Count your blessings. Mend a quarrel. Spread joy. Where there is no music, be the song. Find a forgotten friend. Attend Mass more frequently. Fast from gossip. Be humble in success, patient in hardship, hopeful in disappointment, generous in prosperity. Offer approval. See your problems as challenges, your challenges as blessings. Encourage an enemy. Seek peace. Pray the Way of the Cross. Listen. Apologize if you are wrong. Think first of someone else. Garden and visit neighbors who stop to talk. Give alms. Laugh a little. Laugh a little more. Say "Thanks!" Mean it. Read the Bible daily.

Tender a compliment. Don't run the faucet continuously when you brush your teeth, shave, or do dishes. Rejoice in the beauty and wonder of Earth. Inspire hope in another. Be hopeful yourself. Plant a tree. Sponsor a just cause. Gladden the heart of a child. Make a new friend. Renew an old friendship. Paint a fence, a room, a picture. Take time to imagine. Do a job for nothing. Plan as a family ways to minimize the electricity you use for a day. Eat by candlelight. Abstain from complaining. On Good Friday spend an hour alone; read Psalm 22.

UNITE FOR SIGHT

This month, we are continuing our community service with the *Unite for Sight* organization. We began this worthwhile endeavor in February and are so pleased with the response that we are hoping to exceed our goal of 200 pairs of glasses. Below you will find some information about the organization and some statistics that will touch your heart. Look in the glove box, clean out that junk drawer, and call Grandma and Grandpa! Please bring any donations to your classroom or to the Lower School office.

Unite for Sight is a non-profit group that empowers communities worldwide to improve eye health and eliminate preventable blindness. As members of the Santa Catalina community, we would like to encourage you to donate your used prescription eyeglasses or non-prescription UV protected sunglasses. Your used eyeglasses and sunglasses will be prescribed and distributed to eye clinics in countries such as Ghana, Tanzania, Benin, Uganda, Cameroon, Kenya, Thailand, and India. Please join us in making a difference. Your eyeglasses are eagerly awaited and appreciated!

The Importance of Your Eyeglass Donation

- Over 1 billion people in developing countries need eyeglasses but cannot afford them.
- Over 4 million pairs of eyeglasses are thrown away each year in North America.
- 25% of the global population needs eyeglasses.
- 50% of children in institutions for the blind in Africa would be able to read normal or large print if they had eyeglasses.
- The price of glasses in Benin and other African countries can exceed three month's average salary.

SERVICE LEAGUE NEWS



Faculty Appreciation Luncheon Friday, March 16th, 11:30 a.m.

Every year the Service League hosts a Faculty Appreciation Luncheon. This is an opportunity for parents to say thank you in a special way to our faculty and staff. Please join us this year in the Santo Domingo Dining Hall for this wonderful event. For information on how you can help, please call Kathy Gibbs at 333.1868.

STATIONS OF THE CROSS

Please join us each Friday of March at 12:30 in the Chapel.

Parents, faculty, friends, students...all are welcome to participate in the retracing of the route of Jesus as He carried His cross. Did you know that this re-creation became popular during medieval times? As many people could not make the pilgrimage to Jerusalem, depictions of the points along Jesus' journey were displayed inside churches, allowing all worshipers to meditate on these final hours of Jesus' life. Traditionally during Lent, we take time to remember the events of the past as part of a living story, a story in which we still participate. We continue the journey of our own personal commitment to God and of our growth as a community of faith. Together we find our way toward the light of God's presence in our lives.

GOLF SCHEDULE

All matches are subject to change and or cancellation.

Date	Opponent	Course	Tee-Time
3/13	Madonna	Twin Creeks	4:00 p.m.
3/14	San Carlos	Bayonet/Black Horse	4:00 p.m.
3/20	Stevenson	Pasadera	4:00 p.m.
3/22	Carmel	Rancho Canada	4:00 p.m.
4/3	Pacific Grove	Pasadera	4:00 p.m.
4/5	Palma	Pasadera	4:00 p.m.
4/16	San Benancio	Corral di Tierra	4:00 p.m.
4/24	Gavilan View	Monterey Pines	4:00 p.m.
5/1	Buena Vista	Pasadera	4:00 p.m.

Coach: Jeff Hrepich
 Division Head: Linda Muttu
 Mascot: Cougar
 Phone #: 655.9353

MTJAL SCORING

The MTJAL uses a modified Stableford scoring system for all matches. Points are awarded for a score of double bogey or better. Any player that does not record a double bogey or better will pick up their ball and receive an X on the hole. Each scorer will verify their scorecards with each other and sign off on their scores when the scores are agreed upon. The point system is displayed in the column at right:

Directions to Twin Creeks (from MapQuest.com)– Take Hwy 1 N and take 12th street exit. Turn (slight) right onto Imjin Pkwy. Turn right onto Reservation Rd. Turn left onto Davis Rd. Take the CA-183/West Market St. ramp toward Castroville. Turn right onto Market St. Continue to follow W. Market St. Stay straight to go onto Sherwood Dr. Turn (slight) right onto Natividad Rd. Turn right onto E. Laurel Dr. Turn left onto Constitution Blvd. Turn right onto Beacon Hill Dr. The address for Twin Creeks is 1551 Beacon Hill Drive in Salinas.

Please remember to follow all golf etiquette and dress codes at all of the above courses. Collared shirts are required at all times and please do not wear denim of any kind to the courses. Thank you for your understanding in these matters. We appreciate your cooperation.

Eagle/Hole in One-	5
Birdie-	4
Par-	3
Bogey-	2
Double Bogey-	1

JUMP ROPE FOR HEART

From Jeff Hrepich

Santa Catalina Lower School will be participating in the American Heart Association's *Jump Rope for Heart* on Tuesday, March 13, at 10:30 a.m. *Jump Rope for Heart* is an event conducted nationwide to educate students about the benefits of aerobic exercise and heart health while raising funds to support the fight against heart disease and stroke. Each student will be given a form and asked to try to raise \$50.00 in pledges this year. Please return all donations by March 16. Go Cougars!

TENNIS INFORMATION

From Julie Forrest, Tennis Coach

If your student is interested in playing tennis, mandatory practices will be held on Mondays from 3:30 p.m.–5:00 p.m. Tennis is open to new and returning players. Students should bring their court shoes and racket with them to practice. The tennis schedule will be in next week's *Cougar Connection*. I am looking forward to a fun, exciting tennis season.

IN THE COMMUNITY

- March is Double Punch Month at *Dennis Uniform*. Every \$10 purchase is worth two stamps on your Dennis Advantage Card. This offer is valid for in-store purchases only during March 2007. For internet specials, please visit www.dennisuniform.com. More information is available in the Lower School office.

Often events and activity announcements are included in the "Cougar Connection" at the request of sponsoring agencies which are not affiliated with Santa Catalina. The inclusion of an announcement does not constitute an endorsement by Santa Catalina School.